

## Tachyon TC

# Training Center Inc. S. Corporation

S. Corporation Looking for investors.

## Track Club

Nonprofit – 501 c 3 (charitable organization) Please, donate to the cause, thank you.

### This write up will give you an overall view of the new Tachyon TC Website V2.0

Tachyon TC is a fully certified USA Track & Field Club and Speed, Agility, Strength Training Center. We offer extensive training in Track & Field, Cross Country, Long Distance Running, Road Racing and Race Walking Events. We also offer specialized Speed, Agility, and Strength Training programs for the multi sport Athlete and the Weekend Warrior. With experienced and dedicated coaches, we feature a wide array of programs and training regimens plus online Video Analysis and online Training Programs. Our athletes are trained in all divisions, including Youth, High School, Collegiate, Open, Elite and Masters/Seniors. No matter your skill level, we are committed to helping you achieve desired results. To increase speed, agility, explosive strength and overall performance, this is your home.

We will make you; Harder, Stronger and Faster!!!

Welcome to the Speed Continuum!

Got Speed?

#### Note:

This site will offer advertising slots for a small fee. For Local and National exposure get in early for the best site for training information for Speed, Agility, Strength Condition and Track & Field available. See below for a brief introduction of what the new Tachyon Website will offer to visitors, members, coaches and a National network of USA/IAAF Track & Field Tachyon Coaches. This site will grow...

The New Tachyon TC website will contain:

- **Visitors**: (able to view)
  - Limited amount of free Training videos:
    - Warm-up videos
    - Weight Training videos
    - Exercise videos
    - Speed/Agility Videos
  - o Calendar
  - Limited view of training programs, member's profiles,
  - Visit store; purchase items and training programs,
  - o Membership: Become a member of Tachyon for full access of our website

#### Members:

- Secured Login
- Create personal profile information;
  - Your sport/position(s), times, statistical information, etc...
  - School/GPA, graduation year, major, schools recruited, etc...
  - Personal video interview, performance videos,
  - Select a Track Coach or Speed Training Coach
  - Video Analysis if necessary (online members, worldwide)
  - Access Training Programs via your Coach
  - Access Online Training Programs
  - Download/Upload Training Programs, pictures and event videos into your profile
  - Post training information (via your Training Program)
- Access to all Training videos:
  - Warm-up videos, Weight Training videos, Exercise videos, Speed/Agility Videos.
- o Calendar,
- View other member's profiles, Store; Purchase items and Training programs
- o Rehab information
- Nutritional information from a specialists
- More to be added later.

#### • Members Coaches:

- Secured Login
- Create personal profile information;
  - Select a training Coach (if necessary)
  - Video Analysis if necessary of your athlete(s) (online coach/members)
  - Access your athlete(s) Online Training Programs
  - Download/Upload your athlete(s) Training Programs
  - Post your athlete(s) training information (via their Training Program)
- Access to all Training videos:
  - Warm-up videos, Weight Training videos, Exercise videos, Speed/Agility Videos.
- Calendar

- View all member's profiles, Store; Purchase items and Training programs
- o Access to Coaches Section (forms, questions, etc...)
- Rehab information
- Nutritional information from a specialists
- More to be added later.

## Tachyon Coaches:

- o Secured Login
- Create personal profile information;
  - What you coach/sports/positions, statistical information, etc...
  - Resumes, Bio, Coaches Philosophy Statement, your articles, training information, etc...
  - Personal video interview, performance videos if necessary
  - Select members for training
  - Update members Video Analysis(online members)
  - Access members training Programs
  - Download/Upload members Training Programs
- Access to all Training videos
  - Warm-up videos, Weight Training videos, Exercise videos, Speed/Agility Videos.
- o Calendar
- Ability to download/upload your Training video clips:
  - Training Videos per their sections:
  - Rehab information
  - Nutritional information
- View member's profiles, Store; Purchase items and Training programs
- More to be added later.